# Insider Threats in the Software Development Lifecycle

CERT® Insider Threat Center Software Engineering Institute Carnegie Mellon University Pittsburgh, PA 15213

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### **Agenda**

The Insider Threat Center at CERT Types of Insider Incidents
Insider Threat Issues in the SDLC

Case Studies

Mitigation Strategies
CERT Insider Threat Resources

## THE INSIDER THREAT CENTER AT CERT

### What is the CERT Insider Threat Center?

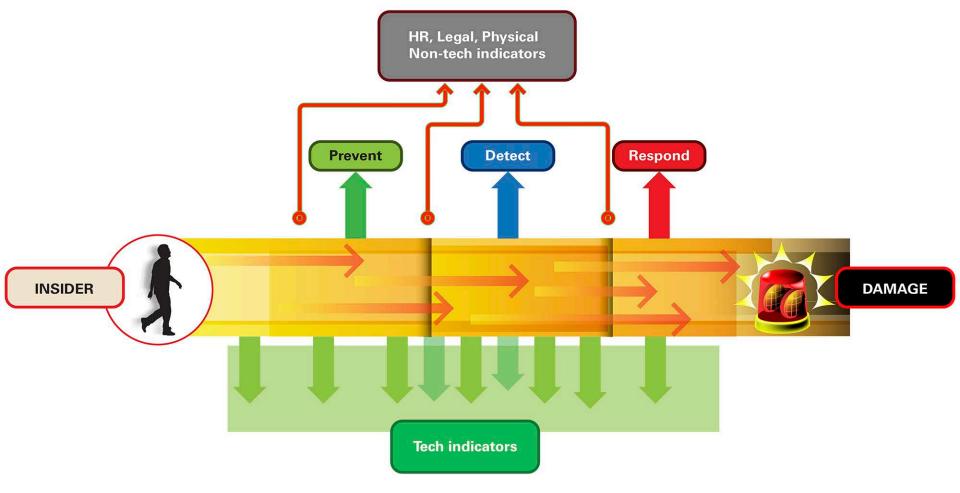
Center of insider threat expertise



Began working in this area in 2001 with the U.S. Secret Service

Our mission: The CERT Insider Threat Center conducts empirical research and analysis to develop & transition socio-technical solutions to combat insider cyber threats.

## Goal for an Insider Threat Program

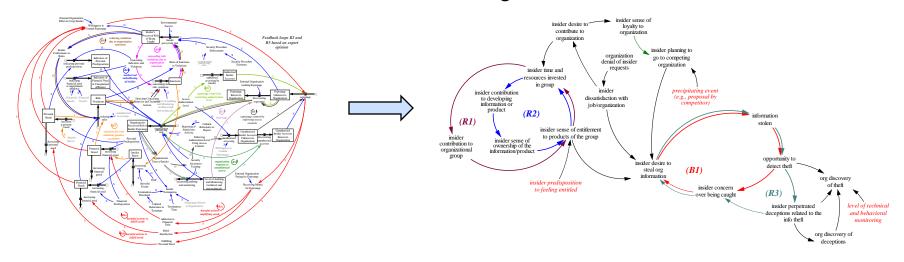


Opportunities for prevention, detection, and response for an insider incident

## **CERT's Unique Approach to the Problem**

#### Research Models

#### **Deriving Candidate Controls and Indicators**



#### Our lab transforms that into this...

```
Splunk Query Name: Last 30 Days - Possible Theft of IP

Terms: 'host=HECTOR [search host="zeus.corp.merit.lab" Message="A user account was disabled. *" | eval Account_Name=mvindex(Account_Name, -1) | fields Account_Name | strcat Account_Name "@corp.merit.lab" sender_address | fields - Account_Name] total_bytes > 50000 AND recipient_address!="*corp.merit.lab" startdaysago=30 | fields client_ip, sender_address, recipient_address, message_subject, total_bytes'
```

#### What is a Malicious Insider Threat?

#### Current or former employee, contractor, or other business partner who

- has or had authorized access to an organization's network, system or data and
- intentionally exceeded or misused that access in a manner that
- negatively affected the confidentiality, integrity, or availability of the organization's information or information systems.



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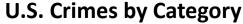
#### What is an Unintentional Insider Threat?

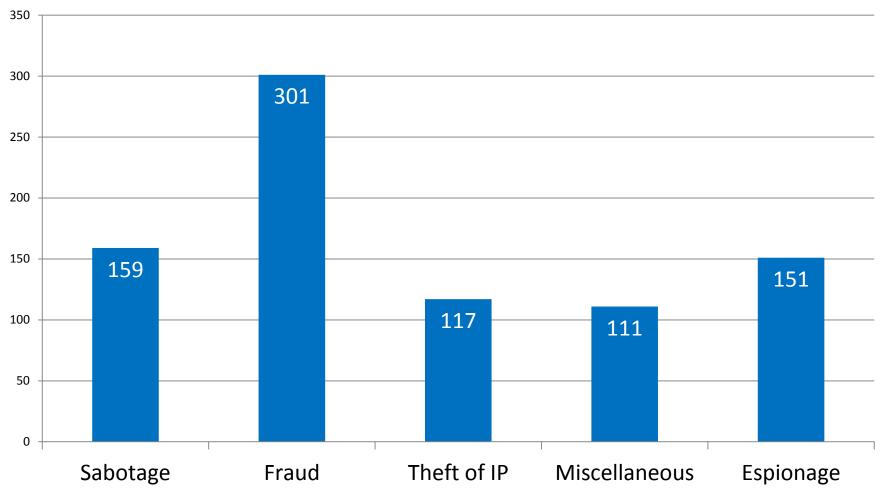
# Current or former employee, contractor, or other business partner who

- has or had authorized access to an organization's network, system, or data and who, through
- their action/inaction without malicious intent
- cause harm or substantially increase the probability of future serious harm to the confidentiality, integrity, or availability of the organization's information or information systems.



## **CERT's Insider Threat Case Database**





## TYPES OF INSIDER INCIDENTS

#### The Insider Threat

#### There is not one "type" of insider threat

- Threat is to an organization's critical assets
  - People
  - Information
  - Technology
  - Facilities
- Based on the motive(s) of the insider
- Impact is to Confidentiality, Availability, Integrity

#### There is not one solution for addressing the insider threat

 Technology alone may not be the most effective way to prevent and/or detect an incident perpetrated by a trusted insider

## Separate the "Actor" from the "Target" from the "Impact"

## Actor(s)

#### **Employees**

- Current
- Former

Contractors

**Subcontractors** 

**Suppliers** 

Trusted Business Partners

**WHO** 

## **Target**

#### **Critical Assets**

- People
- Technology
- Information
- Facilities

WHAT

## **Impact**

Confidentiality

Availability

Integrity

HOW

## **Types of Insider Incidents**

#### Insider IT sabotage

An insider's use of IT to direct specific harm at an organization or an individual.

#### Insider theft of intellectual property (IP)

An insider's use of IT to steal intellectual property from the organization. This category includes industrial espionage involving insiders.

#### Insider fraud

An insider's use of IT for the unauthorized modification, addition, or deletion of an organization's data (not programs or systems) for personal gain, or theft of information which leads to fraud (identity theft, credit card fraud).

#### **National Security Espionage**

The act of stealing and delivering, or attempting to deliver, information pertaining to the national defense of the United States to agents or subjects of foreign countries, with intent or reason to believe that is to be used to the injury of the United States or to the advantage of a foreign nation.

## **Summary of Insider Incidents**

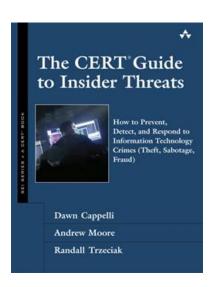
	IT Sabotage	Fraud	Theft of Intellectual Property
Current or former Employee?	Former	Current	Current (within 30 days of resignation)
Type of position	Technical (e.g. sys admins, programmers, DBAs)	Non-technical (e.g. data entry, customer service) or their managers	Technical (e.g. scientists, programmers, engineers) or sales
Gender	Male	Fairly equally split between male and female	Male
Target	Network, systems, or data	PII or Customer Information	IP (trade secrets) or Customer Information
Access Used	Unauthorized	Authorized	Authorized
When	Outside normal working hours	During normal working hours	During normal working hours
Where	Remote access	At work	At Work

## **INSIDER THREATS IN THE SDLC**

#### Insider Threat Issues in the SDLC

"those aspects of an organization's software development or maintenance policies and processes that insiders exploited to carry out their attack"

- Cappelli, D., Moore, A. & Trzeciak, R. (2012). The CERT Guide to Insider Threats: How to Prevent, Detect, and Respond to Information Technology Crimes (Theft, Sabotage, Fraud). Addison-Wesley.



## Phases of the Life Cycle Exploited

Requirements / Design
System Implementation
System Verification
Operations and Maintenance

## Requirements / Design Exploits

Neglecting to define **authentication** and **role-based access control** requirements simplified insider attacks.

Neglecting to define **security requirements / separation of duties for automated business processes** provided an easy method for insider attack.

Neglecting to define requirements for **automated data integrity checks** gave insiders the security of knowing their actions would not be detected.

Neglecting to consider security vulnerabilities posed by **authorized system overrides** resulted in an easy method for insiders to "get around the rules".

## **System Implementation Exploits**

Lack of **code reviews** and inadequate **software documentation** have

- Facilitated insertion of backdoors and logic bombs into source code
- Allowed intentionally obfuscated code to be added to production systems

Insufficient attention to details in **automated workflow processes** enabled insiders to commit malicious activity.

Inability to **attribute actions** to a single user enabled a project leader to sabotage his team's development project.

## **System Verification Exploits**

Insufficient separation of duties facilitated insider crimes.

 Malicious insiders employed as software testers have made unauthorized modifications to source code that they later exploited in production

Poor **requirements traceability** allowed security vulnerabilities that were addressed in the requirements and design phase but not properly implemented to go undetected.

Inadequate **software test coverage** can lead to detectable security vulnerabilities being released into production systems.

## **Operations and Maintenance Exploits**

Lack of enforcement of **documentation practices** and **backup procedures** prohibited recovery efforts when an insider deleted the only copy of source code for a production system.

Use of the same **password file** for development and operations enabled insiders to access and steal sensitive data from operational systems

**Unrestricted access** to all customers' systems enabled a computer technician to plan a virus directly on customer networks

Lack of **configuration control** and well-defined **business processes** enabled libelous material to be published to organizations' websites.

## **Operations and Maintenance Exploits (contd.)**

Lack of **code reviews** and ineffective **configuration control** processes facilitated insertion of malicious code into production.

Ineffective or lack of **backup processes** amplified the impact of mass data deletion.

**End-user access** to source code for systems they used enabled modification of security measures built into the source code.

Inadequate **issue tracking** procedures led to insiders exploiting system vulnerabilities they had previously reported.

## MITIGATION STRATEGIES

## **Mitigation Strategies**

Design and build a system architecture that allows for efficient recovery or sustains the organization during disasters

Utilize configuration and access control for source code and production data

Deploy a formal code review process to prevent malicious code from being inserted into production systems

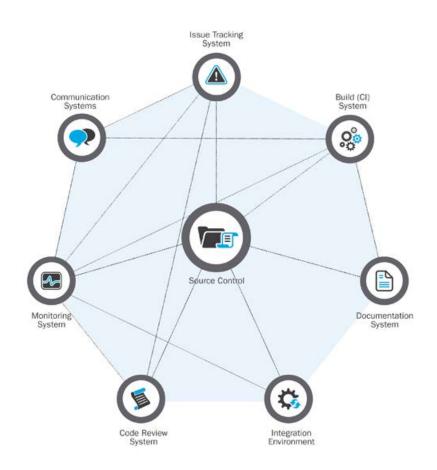
Create and enforce authorization and approval steps in automated workflow to ensure proper approvals for critical business functions

Full traceability from requirements to verification to prevent unauthorized functionality from inclusion in production systems

## **DevOps as an Insider Threat Control**

Integration of many development and operations processes provides opportunities for effective insider threat controls

- Source code changes can be traced to appropriate issue tracking system items and verified by another party
- Build systems can be configured to ensure all integration and unit tests are passed prior to generating a new deployment-ready system
- Monitoring systems can be configured to notify team members when suspicious activity is detected



Source: "A Generalized Model for Automated DevOps", C. Aaron Cois, <a href="http://blog.sei.cmu.edu/post.cfm/generalized-model-automated-devops-153">http://blog.sei.cmu.edu/post.cfm/generalized-model-automated-devops-153</a>

http://www.sei.cmu.edu/library/abstracts/reports/12tr012.cfm

# COMMON SENSE GUIDE TO MITIGATING INSIDER THREATS

## CERT Common Sense Guide to Mitigating Insider Threats – Recommended Best Practices

Consider threats from insiders and business partners in enterprise-wide risk assessments.	Institutionalize system change controls.	
Clearly document and consistently enforce policies and controls.	Use a log correlation engine or security information and event management (SIEM) system to log, monitor, and audit employee actions.	
Incorporate insider threat awareness into periodic security training for all employees.	Monitor and control remote access from all end points, including mobile devices.	
Beginning with the hiring process, monitor and respond to suspicious or disruptive behavior.	Develop a comprehensive employee termination procedure.	
Anticipate and manage negative issues in the work environment.	Implement secure backup and recovery processes.	
Know your assets.	Develop a formalized insider threat program.	
Implement strict password and account management policies and practices.	Establish a baseline of normal network device behavior.	
Enforce separation of duties and least privilege.	Be especially vigilant regarding social media.	
Define explicit security agreements for any cloud services, especially access restrictions and monitoring capabilities.	Close the doors to unauthorized data exfiltration.	
Institute stringent access controls and monitoring policies on privileged users.		

## **CERT INSIDER THREAT** RESOURCES

#### **CERT Insider Threat Resources**

Insider threat awareness training

#### Insider threat certificate programs

- Insider Threat Program Manager
- Insider Threat Vulnerability Assessor
- Insider Threat Program Evaluator

Insider threat vulnerability assessments

Insider threat program evaluations

#### www.cert.org/insider-threat

- Technical reports
- Insider threat technical controls
- Insider threat blog



## DISCUSSION

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